



The Right Care, Support, Advice & Information.

Person centred care, support and advice to help you live the life you choose.

**Midland Mencap offers a wide range of services,
FREE to local carers and parent carers of people with disabilities.**



carers emergency response service

CERS provides a back-up service for carers which ensures that appropriate care is put in place for your loved one in an emergency situation, giving you some much-needed peace of mind. CERS is available around the clock and can also help if you need someone to support the person you care for while you attend a pre-arranged medical appointment.



info@cers.org.uk



Workforce Training & Development.

Midland Mencap can provide you with a range of bespoke training courses which will give you all the skills and knowledge you require to make your service more inclusive.

From person-centred thinking to the practical steps you can take to create a more accessible environment for people with learning disabilities.



info@midlandmencap.org.uk

Talk to Us. (Family Carers)

We know that, as a carer, sometimes it can be hard to know where to turn for information, support and advice. That is why we do everything we can to keep carers informed through our free 'Talk to Us' service. If you come to us with a question, we will do everything in our power to either answer it ourselves or put you in touch with someone who can.

Midland Mencap offers a wide range of services, FREE to local carers and parent carers of people with disabilities, including:

- Information and advice line
- Drop in sessions across our many Community Hubs
- One to one support - from assisting with welfare entitlements to counselling
- Carer emergency backup service - CERS
- Training for carers
- Carer support groups
- Wellbeing provision, for some 'me-time' away from caring
- Out of school activities for children with additional support needs
- Signposting to other agencies who can assist carers
- Online communities through our facebook and twitter platforms.
- Transition (planning and brokerage) support



families@midlandmencap.org.uk



For more information please visit <http://midlandmencap.org.uk/care-and-support/>



Registered Charity no: 1043360 Company Charity no: 3006451



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