





















Worcester Adults Community Weekly Activities - 2023

	Activity	Where	When	Cost
Monday	Bowling 	Worcester Bowl, Everoak Estate, Bromyard Rd, Worcester, WR2 5HN	12:00PM - 1:00PM 	£10 
Tuesday	Group Meal 	SUGO Italian 30 The Tything, Worcester, WR1 1JL	5:00PM - 7:00PM 	£20 
Wednesday	Funfords Mini farm Sanctuary 	Upton Rd, Callow End, Worcester WR2 4TA	11:00AM - 1:00PM 	£15 
Thursday	Snoezelen Hydropool 	Snoezelen Worcester 3 Turnpike Cl, Worcester, WR2 6AB	1:00PM - 2:00PM 	£10 
Friday	Friendly Tennis Match 	Ghuelevelt park Worcester 69 Waterworks Rd, Worcester, WR1 3EY	11:00AM - 12:00PM 	£5 
Saturday	Malvern Hills Walk and Picnic 	A449, Great Malvern, Malvern WR13 6DW	12:00PM - 4:00PM 	FREE- Bring own lunch 
Sunday	Group Cinema Trip 	49-55 Friar St, Worcester, WR1 2NA	Time and showing depending on most popular choice.	£10 

Booking is essential. To book and for more information:

Email: worcesterenquiries@midlandmencap.org.uk | Phone: 07591 596 263

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

Activity	WHAT IS IT?
Bowling	Bowling is a target sport and recreational activity in which a player rolls a ball toward pins to score points.
Group Meal	Order food, drinks and socialise together at local pubs and restaurants in the Worcester area.
Funfords Mini Farm Sanctuary	Join us to visit a family friendly mini farm who rescue animals with a view to rehabilitation and to provide immersive farm experiences for everyone.
Snoezelen Hydropool	Enjoy the water, explore and experience the underwater lighting and music at the Snoezelen Hydropool.
Friendly Tennis Match	Join us for a fun and friendly game of Tennis. Tennis is a racket sport where you use a tennis racket to hit a ball over a net to a person on the other side of the court.
Malvern Hills Walk and Picnic	Join us for a group walk and picnic along the Malvern Hills.
Group Cinema Trip	Join us for a group cinema trip where we meet up and pick and watch a film together.

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