



parkride Timetable November 2023



	Activity	Where	When	Cost
Wednesday 1st Nov	Private Session - Erdington NNS	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 1st Nov	Clifton Road SCCT Session	Clifton Road, Sutton Coldfield, B73 6EB	1:00 PM - 3:00 PM 	Free for Sutton postcodes
Thursday 2nd Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 2nd Nov	Cannon Hill Park Self funded session	Cannon Hill Park, B12 9QH	1:30 PM - 3:30 PM 	£7.50
Friday 3rd Nov	Woodgate Valley Self funded session	Woodgate Valley Country Park, B32 3DS	10:00 AM - 12:00 PM 	£7.50
Friday 3rd Nov	Coventry Get Cycling session	Longford Park, Coventry CV6 6DW	1:30 PM - 3:00 PM 	FREE

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:

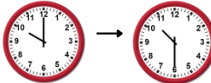

Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk





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	Activity	Where	When	Cost
Saturday 4th Nov	Private Session - Perry Barr NNS	Perry Hall Park, B42 1RP Open to citizens aged between 18 and 49 years with Learning disabilities/SEND. Please contact us for more details.	Please email us for more details.	
Monday 6th Nov	Sandwell Pop-up Session	West Smethwick Park, West Park Road, Smethwick, B67 7JJ	Booking essential. Please email us for more details	
Monday 6th Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 7th Nov	Private Session - Sandwell	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 8th Nov	parkspin	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00 AM - 10:30 AM 	£5.00 
Wednesday 8th Nov	Sandwell Pop-up Session	Lightwoods Park, Adkins lane, Bearwood, B67 5DP	Booking essential. Please email us for more details	
Thursday 9th Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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	Activity	Where	When	Cost
Friday 10th Nov	Private Session - SENSE	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 10th Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 11th Nov	Private Session - Perry Barr NNS	Perry Hall Park, B42 1RP Open to citizens aged between 18 and 49 years with Learning disabilities/SEND. Please contact us for more details.	Please email us for more details.	
Monday 13th Nov	Private Session - Sandwell	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 13th Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 14th Nov	Private Session - NNS Erdington	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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	Activity	Where	When	Cost
Wednesday 15th Nov	Private Session - Northfield NNS	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 16th Nov	Private Session - Northfield NNS	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 16th Nov	Private Session - Edgbaston NNS	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 17th Nov	Private Session - SENSE	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 17th Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 18th Nov	Private Session - NNS Sutton	Clifton Road, Sutton Coldfield, B73 6EB	Please email us for more details.	
Monday 20th Nov	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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