
































Walsall Adults Community Timetable: 1st - 26th April 2024

	Activity	What	Where	When	Cost
Monday 1st April	Walsall Disability Hub closed for Easter Monday Bank Holiday.				
Tuesday 2nd April	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 2nd April	Panto Rehearsal 	Join the fun preparing for our pantomime.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:45 PM-1:45 PM  → 	Free 
Tuesday 2nd April	Men's Chill Out Session 	Umbrella Toss and other games	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
Tuesday 2nd April	Strictly Social Evening 	Bingo and nibbles	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Wednesday 3rd April	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM-3:00 PM  → 	Call 01922 616 798 for more details to book
Thursday 4th April	Fun with Friends 	Games session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50 

To Book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.


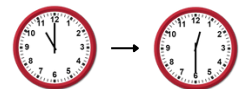


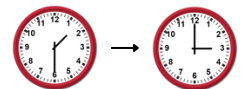













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Thursday 4th April	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 5th April	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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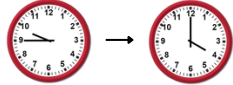



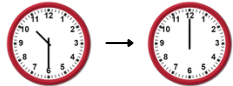

Walsall Adults Community Timetable: 1st - 26th April 2024

	Activity	What	Where	When	Cost
Monday 8th April	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 8th April	Crafty Creations 	April crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 9th April	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 9th April	Panto Rehearsal 	Join the fun preparing for our pantomime.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:45 PM-1:45 PM 	Free 
Tuesday 9th April	Men's Chill Out Session 	Boccia and ball games	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM 	£5 
Tuesday 9th April	Strictly Social Evening 	Games Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 

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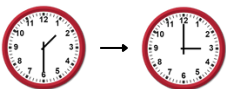





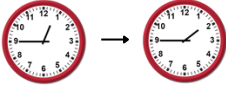








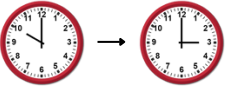
Walsall Adults Community Timetable: 1st - 26th April 2024

	Activity	What	Where	When	Cost
Thursday 11th April	Walsall Community Day Trip out to Birmingham 	Train trip to Birmingham to see sights like Bully in the Bullring and visit the BBC Birmingham Public Space at the Mailbox.	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	9:45 AM-4:00 PM 	Booking Essential £7.50  Train fare £5.60  Bring a packed lunch, and any spending money you need.
Friday 12th April	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

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Walsall Adults Community Timetable: 1st - 26th April 2024

	Activity	What	Where	When	Cost
Monday 15th April	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 15th April	Crafty Creations 	April crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 16th April	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 16th April	Panto Rehearsal 	Join the fun preparing for our pantomime.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:45 PM-1:45 PM 	Free 
Tuesday 16th April	Men's Chill Out Session 	Public House Session at the Hub including Pool and Darts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM 	£5 
Tuesday 16th April	Strictly Social Evening 	Meal out at Wetherspoons Pub	Meet at: The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£5 - Plus meal money 
Wednesday 17th April	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM-3:00 PM 	Call 01922 616 798 for more details to book

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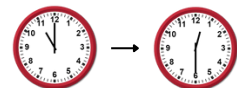


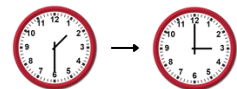


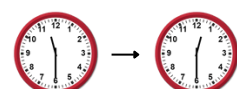


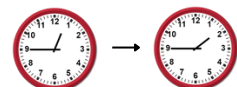


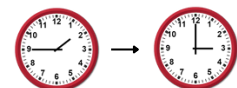


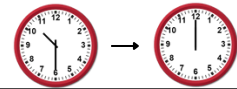


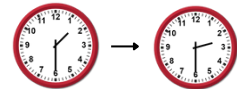

Walsall Adults Community Timetable: 1st - 26th April 2024

	Activity	What	Where	When	Cost
Thursday 18th April	Fun with Friends 	Games session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50 
Thursday 18th April	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 19th April	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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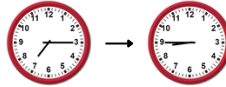


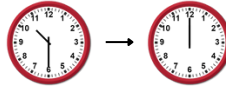

Walsall Adults Community Timetable: 1st - 26th April 2024

	Activity	What	Where	When	Cost
Monday 22nd April	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 22nd April	Crafty Creations 	'Earth Day' Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 23rd April	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 23rd April	Panto Rehearsal 	Join the fun preparing for our pantomime.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:45 PM-1:45 PM 	Free 
Tuesday 23rd April	Men's Chill Out Session 	Bowling Outing to Tenpin at Crown Wharf	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM 	£5 
Thursday 25th April	Fun with Friends 	Games session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£7.50 
Thursday 25th April	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM 	£7.50 

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	Activity	What	Where	When	Cost
Thursday 25th April	Big Walsall Community April Disco 	Join us for a fun evening of music and dancing.	Pelsall Community Association, Station Road, Pelsall, WS3 4BQ	7:15PM - 8:45PM 	£7.50 
Friday 26th April	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

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Activity	What is it?
THE BRUNCH CLUB	A weekly Brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.
CRAFTY CREATIONS	Get crafty and have a go and different things each week using various materials.
MEN'S CHILL OUT	Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.
STRICTLY SOCIAL EVENING	An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.
FUN WITH FRIENDS	Join us each week for a different activity—meet and make new friends in a fun daytime club.
TECHY FRIDAY	An IT session running weekly. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, chill out and take part in an occasional fun quiz.
YOGA (FOR WOMEN)	Come along and join Kirsty for a relaxing hour of chair yoga.
MUSIC AND DRAMA WITH ROB	Join Rob Lane for an afternoon of music and drama in a social group setting.
DAFFODIL CLUB WOPP	Join our active over 50's group for a fun filled day and hot lunch.
PANTO REHEARSAL	Come along and join in the fun in preparing for the Walsall Pantomime performance.
MONTHLY DISCO	Join us for a fun monthly disco and chance to dance the night away with friends.

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