Parkride Timetable May 2024

	Activity	Where	When	Cost
Wednesday 1st May				
Thursday 2nd May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential</u> .	10:00 AM - 12:00 PM 10:00 AM - 12:00 PM 10:00 AM - 12:00 PM	Free for Sutton postcodes
Thursday 2nd May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 PM - 3:30 PM 12:30 PM - 3:30 PM 12:30 PM - 3:30 PM	Free for Sutton postcodes
Friday 3rd May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 4th May				
Monday 6th May	BANK HOLIDAY			

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:

Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk







Parkride Timetable May 2024



	Activity	Where	When	Cost
Tuesday 7th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM 10:30 AM - 12:30 PM 10:30 AM - 12:30 PM 10:30 AM - 12:30 PM	Free for Sutton postcodes
Tuesday 7th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential</u> .	1:00 PM - 3:00 PM	Free for Sutton postcodes
Wednesday 8th May	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1:00 PM - 3:00 PM 1:00 PM - 3:00 PM	£7.50
Thursday 9th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 10th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 11th May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	9:30 AM - 12:30 PM 10:30 AM - 12:30 PM 10:30 AM - 12:30 PM 10:30 AM - 12:30 PM	Free for Sutton postcodes

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Parkride Timetable May 2024

A 8(Parkride i imetable May 2024				
	Activity	Where	When	Cost	
Monday 13th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.		
Tuesday 14th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM 10:30 AM - 12:30 PM 10:30 AM - 12:30 PM	Free for Sutton postcodes	
Tuesday 14th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM 1:00 PM - 3:00 PM 1:00 PM - 3:00 PM	Free for Sutton postcodes	
Wednesday 15th May	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1:30 PM - 3:30 PM 1:30 PM - 3:30 PM 1:30 PM - 3:30 PM	£7.50	
Thursday 16th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:00 AM - 12:00 PM 10:00 AM - 12:00 PM 10:00 AM - 12:00 PM	Free for Sutton postcodes	
Thursday 16th May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 PM - 3:30 PM	Free for Sutton postcodes	

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