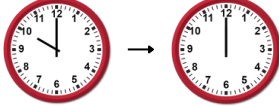

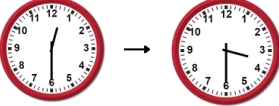





Parkride Timetable May 2024



	Activity	Where	When	Cost
Wednesday 1st May				
Thursday 2nd May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:00 AM - 12:00 PM 	Free for Sutton postcodes 
Thursday 2nd May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 PM - 3:30 PM 	Free for Sutton postcodes 
Friday 3rd May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 4th May				
Monday 6th May	BANK HOLIDAY			

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:

Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk





Parkride Timetable May 2024



	Activity	Where	When	Cost
Tuesday 7th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM 	Free for Sutton postcodes
Tuesday 7th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM 	Free for Sutton postcodes
Wednesday 8th May	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1:00 PM - 3:00 PM 	£7.50
Thursday 9th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 10th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 11th May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	9:30 AM - 12:30 PM 	Free for Sutton postcodes

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Parkride Timetable May 2024



	Activity	Where	When	Cost
Monday 13th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 14th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM 	Free for Sutton postcodes
Tuesday 14th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM 	Free for Sutton postcodes
Wednesday 15th May	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1:30 PM - 3:30 PM 	£7.50
Thursday 16th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. FULL.	10:00 AM - 12:00 PM 	Free for Sutton postcodes
Thursday 16th May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 PM - 3:30 PM 	Free for Sutton postcodes

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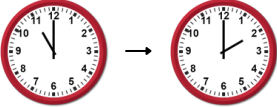



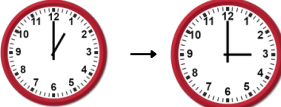

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Parkride Timetable May 2024



	Activity	Where	When	Cost
Friday 17th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 18th May	parkride comes to Bromsgrove!	Sanders Park, Kidderminster Road, Bromsgrove, B61 7JP. Accessible cycling open to Bromsgrove residents. Age 4 plus. <u>Booking is essential</u>	11:00 AM - 2:00 PM 	Free for Bromsgrove postcodes 
Monday 20th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 21st May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM 	Free for Sutton postcodes 
Tuesday 21st May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM 	Free for Sutton postcodes 

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Parkride Timetable May 2024



	Activity	Where	When	Cost
Wednesday 22nd May	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1.30 PM - 3:30 PM 	£7.50
Thursday 23rd May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. FULL.	10:00 AM - 12:00 PM 	Free for Sutton postcodes
Thursday 23rd May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 AM - 3:30 PM 	Free for Sutton postcodes
Friday 24th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 25th May	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 27th May	BANK HOLIDAY			

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Parkride Timetable May 2024



	Activity	Where	When	Cost
Tuesday 28th May	Cannon Hill Park Self-funded Session	Edgbaston Road, Moseley, B13 8RD	10:00 AM - 12:00 PM 	£7.50
Wednesday 29th May	Erdington Shared Prosperity Pop-up cycling event	Witton Lakes, Erdington, B23 7AS Accessible cycling - open to residents of Erdington - come along and try our adapted cycles.	Please email us for more details.	Free for Erdington postcodes
Thursday 30th May	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. FULL.	10:00 AM - 12:00 PM 	Free for Sutton postcodes
Thursday 30th May	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 AM - 3:30 PM 	Free for Sutton postcodes
Friday 31st May	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	10:00 AM - 12:00 PM 	£7.50

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