









Parkride Timetable July 2024



	Activity	Where	When	Cost
Monday 1st July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 2nd July	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is the last session in the 6 week course for those with a Sutton postcode. Please note, this course is FULL.	10:30 AM - 12:30 PM  → 	Free for Sutton postcodes 
Tuesday 2nd July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 3rd July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 4th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 4th July	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	1:00 PM - 4:00 PM  → 	Free for Sutton postcodes 

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:

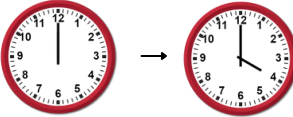
Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk





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Friday 5th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 6th July	Disabilities Festival Birmingham	Birmingham City University, Curzon Building, Birmingham	12:00 PM - 4:00 PM 	FREE EVENT
Monday 8th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 9th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 10th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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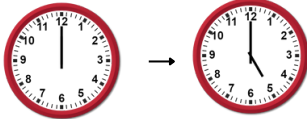
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Thursday 11th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 12th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 13th July	Sutton Community Games	Wyndley Leisure Centre, Clifton Road, B73 6EB	12:00PM - 5:00 PM 	Tickets available from www.trybooking.co.uk/ DCBL Tickets £5 Per Child - Parents donations welcome - under3's Free
Monday 15th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 16th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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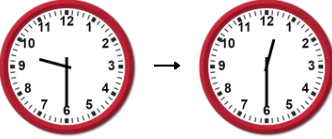

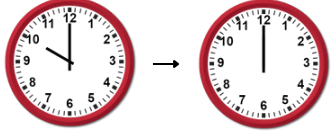

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	Activity	Where	When	Cost
Wednesday 17th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 18th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 19th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 20th July	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	9:30 AM - 12:30 PM 	Free for Sutton postcodes 
Monday 22nd July	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	10:00 AM - 12:00 PM 	£7.50 

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