











Parkride Timetable June 2024



	Activity	Where	When	Cost
Saturday 1st June				
Sunday 2nd June	Wheel 'n' Walk with SENSE - Birmingham's walk for inclusion	Cannon Hill Park, B13 8RD Meeting at the Bandstand at 11.00am	11:00 AM - 4:00 PM  → 	Free Event!
Monday 3rd June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 4th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM  → 	Free for Sutton postcodes 
Tuesday 4th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM  → 	Free for Sutton postcodes 
Wednesday 5th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:










Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk





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Thursday 6th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. FULL.	10:00 AM - 12:00 PM  → 	Free for Sutton postcodes 
Friday 7th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 8th June	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	9:30 AM - 12:30 PM  → 	Free for Sutton postcodes 
Monday 10th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 11th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	10:30 AM - 12:30 PM  → 	Free for Sutton postcodes 

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Tuesday 11th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM  → 	Free for Sutton postcodes 
Wednesday 12th June	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1:30 PM - 3:30 PM  → 	£7.50    
Thursday 13th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 13th June	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	12:30 PM - 3:30 PM  → 	Free for Sutton postcodes 
Friday 14th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	Free for Sutton postcodes 

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	Activity	Where	When	Cost
Saturday 15th June	parkride comes to Bromsgrove!	Sanders Park, Kidderminster Road, Bromsgrove, B61 7JP. Accessible cycling open to Bromsgrove residents. Age 4 plus. BOOKING IS ESSENTIAL	11:00 AM - 2:00 PM  → 	Free for Bromsgrove postcodes 
Sunday 16th June	Kenilworth Clean Air Day	Clock Tower, Abbey End, Kenilworth, CV8 1QJ	10:00 AM - 3:00 PM  → 	Free for local residents 
Monday 17th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 18th June	PURE Celebration Event Celebrating learning disability week	Library of Birmingham, Centenary Square, Birmingham. B1 2ND <i>Come along and try our adapted cycles. Everyone welcome!</i>	10:00 AM - 11:30 AM  → 	Free Event 
Tuesday 18th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. Please note, availability is limited. <u>Booking is essential.</u>	1:00 PM - 3:00 PM  → 	Free for Sutton postcodes 
Tuesday 18th June	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	4:00 PM - 6:00 PM  → 	Free for Sutton postcodes 

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	Activity	Where	When	Cost
Wednesday 19th June	Woodgate Valley Self-funded Session	Woodgate Valley Country Park, Clapgate Lane, Bartley Green, B32 3DS	1.30 PM - 3:30 PM  → 	£7.50 
Thursday 20th June	Sutton NNS Cycling with Confidence Course	Clifton Road, Sutton Coldfield, B73 6EB This is a 6 week course for those with a Sutton postcode. FULL.	10:00 AM - 12:00 PM  → 	Free for Sutton postcodes 
Thursday 20th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 21st June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 22nd June	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	9:30 AM - 12:30 PM  → 	Free for Sutton postcodes 
Monday 24th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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Tuesday 25th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 26th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Thursday 27th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 28th June	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 29th June	Clifton Road SCCT Funded Session	Clifton Road, Sutton Coldfield, B73 6EB	9:30 AM - 12:30 PM 	Free for Sutton postcodes 

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