






























Walsall Adults Community Timetable: 11th November - 6th December 2024

	Activity	What	Where	When	Cost
Monday 11th November	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Monday 11th November	Crafty Creations 	Autumn Leaf Jars	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
Tuesday 12th November	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 12th November	Men's Chill Out Session 	Active Games	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
Tuesday 12th November	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Wednesday 13th November	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book

To Book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.





































Walsall Adults Community Timetable: 11th November - 6th December 2024

	Activity	What	Where	When	Cost
Thursday 14th November	NEW Canvas of Voices Project with Henry 	Music project for citizens and carers with a stage performance at the end of the project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00 AM-12:00 PM 	£7.50 
Friday 15th November	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

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Walsall Adults Community Timetable: 11th November - 6th December 2024

	Activity	What	Where	When	Cost
Monday 18th November	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50    
Monday 18th November	Crafty Creations 	Pine cone flower craft	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50    
Tuesday 19th November	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 19th November	Men's Chill Out Session 	Tenpin Bowling at Crown Wharf	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM  → 	£5 
Tuesday 19th November	Strictly Social Evening 	Games Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50    
Thursday 21st November	NEW Canvas of Voices Project with Henry 	Music project for citizens and carers with a stage performance at the end of the project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00 AM-12:00 PM  → 	£7.50    

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Thursday 21st November	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 22nd November	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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	Activity	What	Where	When	Cost
Monday 25th November	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Monday 25th November	Crafty Creations 	Create your own Bookmarks	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
Tuesday 26th November	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 26th November	Men's Chill Out Session 	Wii and board games	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
Tuesday 26th November	Strictly Social Evening 	The Big Quiz Show Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Wednesday 27th November	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book

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	Activity	What	Where	When	Cost
Thursday 28th November	NEW Canvas of Voices Project with Henry 	Music project for citizens and carers with a stage performance at the end of the project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00 AM-12:00 PM  → 	£7.50 
Thursday 28th November	Big Walsall Community Disco 	Join us for a fun evening of music and dancing.	Pelsall Community Association, Station Road, Pelsall, WS3 4BQ	7:15PM - 8:45PM  → 	£7.50 
Friday 29th November	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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Walsall Adults Community Timetable: 11th November - 6th December 2024

	Activity	What	Where	When	Cost
Monday 2nd December	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Monday 2nd December	Crafty Creations 	December crafts and countdown to Christmas!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
Tuesday 3rd December	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 3rd December	Men's Chill Out Session 	The Big Pub Hub Session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
Tuesday 3rd December	Strictly Social Evening 	Bingo Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Thursday 5th December	NEW Canvas of Voices Project with Henry 	Music project for citizens and carers with a stage performance at the end of the project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00 AM-12:00 PM  → 	£7.50 

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Walsall Adults Community Timetable: 11th November - 6th December 2024

	Activity	What	Where	When	Cost
Thursday 5th December	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 6th December	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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Walsall Adults Community Timetable: 11th November - 6th December 2024

Activity description:

The Brunch Club:

A weekly Brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.

Canvas of Voices Project with Henry:

Music project for citizens and carers, ending with a stage performance to showcase their talents.

Crafty Creations:

Get crafty and have a go and different things each week using various materials.

Daffodil Club WOPP:

Join our active over 50's group for a fun filled day and hot lunch.

Fun with Friends:

Join us each week for a different activity—meet and make new friends in a fun daytime club.

Men's Chill Out:

Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.

Monthly Disco:

Join us for a fun monthly disco and chance to dance the night away with friends.

Music and Drama with Rob:

Join Rob Lane for an afternoon of music and drama in a social group setting.

Strictly Social Evening:

An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.

Techy Friday:

A weekly IT session. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, and take part in an occasional fun quiz.

YOGA (for Women):

Come along and join Kirsty for a relaxing hour of chair yoga.

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