































Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Monday 3rd February	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Tuesday 4th February	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 4th February	Men's Chill Out Session 	Active Games	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
Tuesday 4th February	Strictly Social Evening 	The Big Quiz and Nibbles Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Wednesday 5th February	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book
Thursday 6th February	Fun with Friends 	A different activity each week. Meet and make new friends	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50 
Thursday 6th February	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 

To Book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.


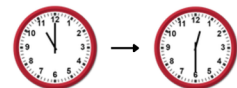


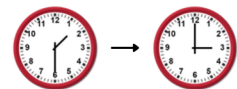


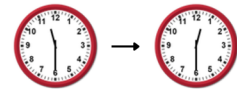


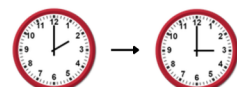


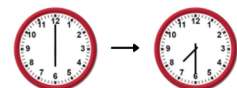


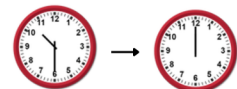


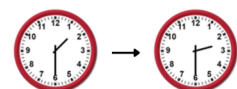

Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Friday 7th February	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

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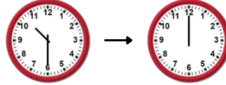

Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Monday 10th February	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 10th February	Crafty Creations 	Valentine/ Friendship Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 11th February	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 11th February	Men's Chill Out Session 	The Big Pub Hub Session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM 	£5 
Tuesday 11th February	Strictly Social Evening 	Bingo Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Thursday 13th February	Fun with Friends 	A different activity each week. Meet and make new friends	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£7.50 
Thursday 13th February	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM 	£7.50 

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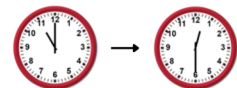


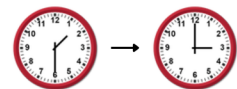


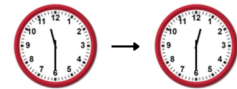


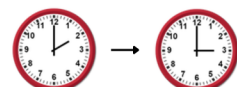


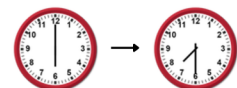


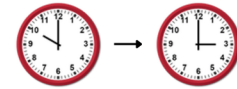

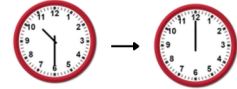

Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Friday 14th February	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

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Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Monday 17th February	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 17th February	Crafty Creations 	National Random Acts of Kindness Day Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 18th February	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 18th February	Men's Chill Out Session 	Skittles and Boccia	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM 	£5 
Tuesday 18th February	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Wednesday 19th February	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM 	Call 01922 616 798 for more details to book
Thursday 20th February	Fun with Friends 	A different activity each week. Meet and make new friends	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£7.50 

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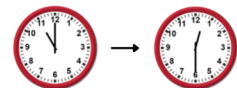


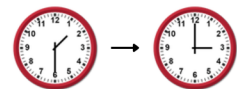


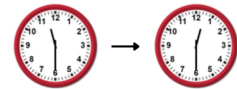


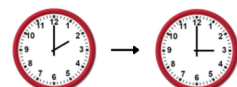


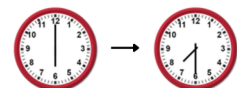


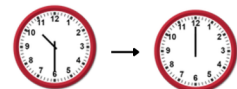




Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Thursday 20th February	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 21st February	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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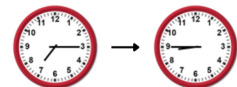


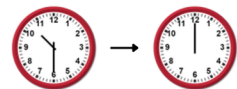

Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Monday 24th February	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 24th February	Crafty Creations 	Fun with Paint	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 25th February	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 25th February	Men's Chill Out Session 	Bowling at Tenpin Walsall Crown Wharf	Meet at: Tenpin Walsall, Crown Wharf Retail Park, Wolverhampton St, WS2 8LL	2:00 PM-3:00 PM 	£5 - Booking Essential 
Tuesday 25th February	Strictly Social Evening 	Games Show Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Thursday 27th February	Fun with Friends 	A different activity each week. Meet and make new friends	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£7.50 
Thursday 27th February	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM 	£7.50 

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Walsall Adults Community Timetable: 3rd February to 28th February 2025

	Activity	What	Where	When	Cost
Thursday 27th February	Big Walsall Community February Friendship Disco 	Join us for a fun evening of music and dancing.	Pelsall Community Association, Station Road, Pelsall, WS3 4BQ	7:15PM - 8:45PM 	£7.50 
Friday 28th February	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM - 12:00 PM 	£5 

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Walsall Adults Community Timetable: 3rd February to 28th February 2025

Activity description:

The Brunch Club:

A weekly brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.

Crafty Creations:

Get crafty and have a go and different things each week using various materials.

Daffodil Club WOPP:

Join our active over 50's group for a fun filled day and hot lunch.

Fun with Friends:

Join us each week for a different activity. Meet and make new friends in a fun daytime club.

Men's Chill Out:

Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.

Monthly Disco:

Join us for a fun monthly disco and chance to dance the night away with friends.

Music and Drama with Rob:

Join Rob Lane for an afternoon of music and drama in a social group setting.

Strictly Social Evening:

An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.

Techy Friday:

A weekly IT session. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, and take part in an occasional fun quiz.

YOGA (for Women):

Come along and join Kirsty for a relaxing hour of chair yoga.

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