









Parkride Timetable February 2025



	Activity	Where	When	Cost
Saturday 1st February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Sunday 2nd February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 3rd February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 4th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 5th February	Cycling with Confidence BOOKING IS ESSENTIAL	Longford Park, Windmill Road , Coventry, CV6 7BB	11.00 AM - 2.00 PM  → 	FREE to Coventry postcodes 
Thursday 6th February	SCCT Clifton Road Session	Clifton Road, Sutton Coalfield, B73 6EB	10.00 AM - 1.00 PM  → 	FREE to Sutton postcodes 

Booking is essential. To book and for more information:

Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk





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	Activity	Where	When	Cost
Friday 7th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 8th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Sunday 9th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 10th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 11th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 12th February	Cycling with Confidence BOOKING IS ESSENTIAL	Longford Park, Windmill Road , Coventry, CV6 7BB	11.00 AM - 2.00 PM  → 	FREE to Coventry postcodes 

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:

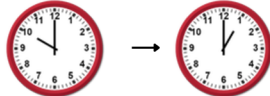



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Thursday 13th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 14th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 15th February	SCCT Clifton Road Session	Clifton Road, Sutton Coalfield, B73 6EB	10.00 AM - 1.00 PM 	FREE to Sutton postcodes 
Sunday 16th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 17th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 18th February	Woodgate Valley Self-funded Session	Woodgate Valley Country Park B32 3DS	10.00 AM - 12.00 PM 	£7.50 

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	Activity	Where	When	Cost
Wednesday 19th February	Cycling with Confidence BOOKING IS ESSENTIAL	Longford Park, Windmill Road, Coventry, CV6 7BB	11.00 AM - 2.00 PM 	FREE to Coventry postcodes
Thursday 20th February	SCCT Clifton Road Session	Clifton Road, Sutton Coalfield, B73 6EB	10.00 AM - 1.00 PM 	FREE to Sutton postcodes
Friday 21st February	Cannon Hill Park Self-funded session	Cannon Hill Park, B13 8RD	10.00 AM - 12.00 PM 	£7.50
Saturday 22nd February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Sunday 23rd February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 24th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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	Activity	Where	When	Cost
Tuesday 25th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 26th February	Cycling with Confidence BOOKING IS ESSENTIAL	Longford Park, Windmill Road, Coventry, CV6 7BB	11.00 AM - 2.00 PM  → 	FREE to Coventry postcodes 
Thursday 27th February	SCCT Clifton Road Session	Clifton Road, Sutton Coalfield, B73 6EB	10.00 AM - 1.00 PM  → 	FREE to Sutton postcodes 
Friday 28th February	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

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