




































Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Monday 3rd March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Monday 3rd March	Crafty Creations 	St David's Day Dragon and Daffodil Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
Tuesday 4th March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 4th March	Men's Chill Out Session 	Pancake Day Games and Races	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
Tuesday 4th March	Strictly Social Evening 	The Big Pancake Day Games session	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Wednesday 5th March	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book
Thursday 6th March	Fun with Friends 	International Women's Day Celebrations	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50 

To Book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.


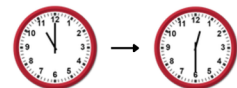


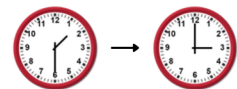


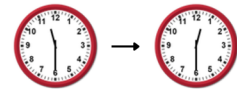


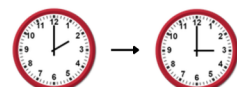


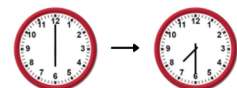


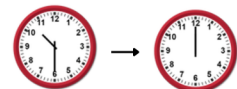


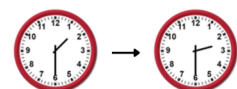

Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Thursday 6th March	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 7th March	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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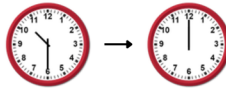

Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Monday 10th March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 10th March	Crafty Creations 	Science Week Arts and Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 11th March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 11th March	Men's Chill Out Session 	Science Week Challenges	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM 	£5 
Tuesday 11th March	Strictly Social Evening 	Bingo Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Thursday 13th March	Fun with Friends 	Science Week Games	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£7.50 
Thursday 13th March	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM 	£7.50 

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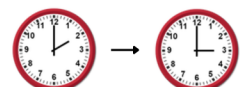





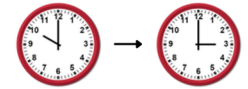



Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Friday 14th March	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

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Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Monday 17th March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 17th March	Crafty Creations 	St Patrick's Day Bracelet/Charm Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 18th March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 18th March	Men's Chill Out Session 	Skittles and Boccia	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM 	£5 
Tuesday 18th March	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Wednesday 19th March	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM 	Call 01922 616 798 for more details to book
Thursday 20th March	Singing with Henry 	Group singing music session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£7.50 

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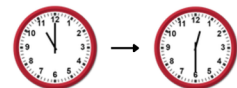


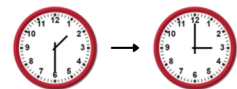


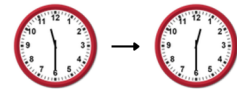


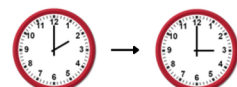


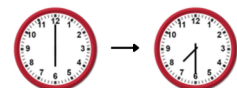


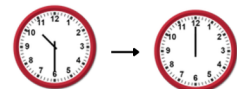

Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Thursday 20th March	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 21st March	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Monday 24th March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 24th March	Crafty Creations 	Spring Arts and Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 25th March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 25th March	Men's Chill Out Session 	Bowling at Tenpin Walsall Crown Wharf	Meet at: Tenpin, Crown Wharf Retail Park, Walsall WS2 8LL	2:00 PM-3:00 PM 	£5 
Tuesday 25th March	Strictly Social Evening 	Games Show Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Thursday 27th March	Fun with Friends Community Trip 	Visit to the Walsall Art Gallery	Meet at: The New Art Gallery Walsall Gallery Square, Walsall WS2 8LG	10:30 AM-12:00 PM 	£2.50  Bring spending money for coffee shop and gallery shop.

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Walsall Adults Community Timetable: 3rd to 28th March 2025

	Activity	What	Where	When	Cost
Thursday 27th March	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 28th March	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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Walsall Adults Community Timetable: 3rd to 28th March 2025

Activity description:

The Brunch Club:

A weekly brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.

Crafty Creations:

Get crafty and have a go and different things each week using various materials.

Daffodil Club WOPP:

Join our active over 50's group for a fun filled day and hot lunch.

Fun with Friends:

Join us each week for a different activity. Meet and make new friends in a fun daytime club.

Men's Chill Out:

Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.

Monthly Disco:

Join us for a fun monthly disco and chance to dance the night away with friends.

Music and Drama with Rob:

Join Rob Lane for an afternoon of music and drama in a social group setting.

Singing with Henry:

Sing along with Henry as you practice your favorite songs. Enjoy making music together and discover new tunes!

Strictly Social Evening:

An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.

Techy Friday:

A weekly IT session. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, and take part in an occasional fun quiz.

YOGA (for Women):

Come along and join Kirsty for a relaxing hour of chair yoga.

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