




































# Walsall Adults Community Timetable: 28th April to 23rd May 2025

	Activity	What	Where	When	Cost
<b>Monday 28th April</b>	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
<b>Monday 28th April</b>	Crafty Creations 	VE Day Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
<b>Tuesday 29th April</b>	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
<b>Tuesday 29th April</b>	Men's Chill Out Session 	Chair Volleyball	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
<b>Tuesday 29th April</b>	Strictly Social Evening 	Games Show	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
<b>Wednesday 30th April</b>	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book
<b>Thursday 1st May</b>	Fun with Friends 	May Day Fun	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50 

To Book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.




















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	Activity	What	Where	When	Cost
<b>Thursday 1st May</b>	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
<b>Friday 2nd May</b>	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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	Activity	What	Where	When	Cost
Monday 5th May	Walsall Disability Hub Closed for Bank Holiday				
Tuesday 6th May	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 6th May	Men's Chill Out Session 	Bowling at Tenpin Crown Wharf	Meet at: Tenpin Walsall, Crown Wharf Retail Park, Wolverhampton St, WS2 8LL	1:45 PM-3:00 PM  → 	£6 
Tuesday 6th May	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Thursday 8th May	Fun With Friends Visit to Weoley Castle Community Centre for VE Day Celebrations	Visit to Weoley Castle Community Centre for VE Day. Enjoy music, treats, and celebrate together!	Meet at: The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	10:00 AM-3:00 PM  → 	Free - Booking Essential 
Friday 9th May	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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# Walsall Adults Community Timetable: 28th April to 23rd May 2025

	Activity	What	Where	When	Cost
<b>Monday 12th May</b>	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
<b>Monday 12th May</b>	Crafty Creations 	Spring Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
<b>Tuesday 13th May</b>	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
<b>Tuesday 13th May</b>	Men's Chill Out Session 	Boccia and skittles	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	2:00 PM-3:00 PM  → 	£5 
<b>Tuesday 13th May</b>	Strictly Social Evening 	The Big Quiz Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
<b>Wednesday 14th May</b>	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book
<b>Thursday 15th May</b>	Fun with Friends 	Art Gallery Visit	Meet at: Walsall Art Gallery Walsall WS2 8LR	10:30 AM-12:00 PM  → 	£5 

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# Walsall Adults Community Timetable: 28th April to 23rd May 2025



















	Activity	What	Where	When	Cost
<b>Thursday 15th May</b>	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
<b>Friday 16th May</b>	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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# Walsall Adults Community Timetable: 28th April to 23rd May 2025

	Activity	What	Where	When	Cost
Monday 19th May	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Monday 19th May	Crafty Creations 	Spring Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
Tuesday 20th May	Walsall Community Day Trip to Liverpool 	Join the Walsall community for a fun day trip to Liverpool. Explore famous sights together and make new memories.	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	9:30 AM-6:30 PM	£21 per person/seat Booking Essential 
Thursday 22nd May	Fun with Friends 	'Active Games' Session	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50 
Thursday 22nd May	Fun with Friends Lunch Outing 	Group meal out at the Waterfront Hungry Horse.	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:30 PM-2:30 PM  → 	£2.50 plus lunch money  Booking essential by 15 <sup>th</sup> May

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# Walsall Adults Community Timetable: 28th April to 23rd May 2025

	Activity	What	Where	When	Cost
Friday 23rd May	Techy Friday 	Join us for an IT drop in session with a fun quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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## Activity description:

**The Brunch Club:**

A weekly brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.

**Crafty Creations:**

Get crafty and have a go and different things each week using various materials.

**Daffodil Club WOPP:**

Join our active over 50's group for a fun filled day and hot lunch.

**Fun with Friends:**

Join us each week for a different activity. Meet and make new friends in a fun daytime club.

**Men's Chill Out:**

Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.

**Monthly Disco:**

Join us for a fun monthly disco and chance to dance the night away with friends.

**Music and Drama with Rob:**

Join Rob Lane for an afternoon of music and drama in a social group setting.

**Strictly Social Evening:**

An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.

**Techy Friday:**

A weekly IT session. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, and take part in an occasional fun quiz.

**YOGA (for Women):**

Come along and join Kirsty for a relaxing hour of chair yoga.

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