

# Birmingham Adults Community Timetable: 5th - 30th May 2025

	Activity	Where	When	Cost
Monday 5th May	Weoley Castle Community Centre Closed - Bank Holiday			
Tuesday 6th May	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Tuesday 6th May	Gardening and Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50    
Tuesday 6th May	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50    
Wednesday 7th May	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30am  → 	£8 - Booking Essential    
Wednesday 7th May	Bake Off Mini Victoria Sponge Cakes 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£10 - Booking Essential 
Wednesday 7th May	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50    
Thursday 8th May	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50    
Thursday 8th May	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50    

To book and for more information call: 0121 427 6404

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.













































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Thursday 8th May	VE Day Celebrations 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	12:00pm - 3:00pm 	Free. 
Friday 9th May	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am 	£7.50 
Friday 9th May	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm 	£7.50 
Friday 9th May	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm 	£7.50- Bring a blanket 

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	Activity	Where	When	Cost
Monday 12th May	Curling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30am  → 	£7.50    
Monday 12th May	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50    
Monday 12th May	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible   
Monday 12th May	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	Free. Booking is Essential. 
Monday 12th May	Dynamo Adults Social Gathering  Hare & Hounds 	Meet at: Hare & Hounds, 106 High Street Kings Heath, B14 7JZ	6:00pm - 8:00pm  → 	£2.50 if you require support.    Bring spending money for food and drinks
Tuesday 13th May	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Tuesday 13th May	Curling 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30am - 11:30am  → 	£7.50    

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
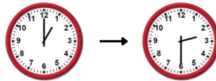


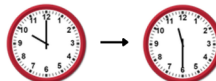


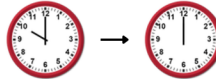


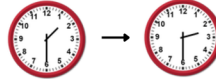




	Activity	Where	When	Cost
<b>Tuesday 13th May</b>	Gardening and Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
<b>Tuesday 13th May</b>	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 
<b>Wednesday 14th May</b>	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30am  → 	£8 - Booking Essential 
<b>Wednesday 14th May</b>	Bake Off Oat & Raisin Cookies 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£10 - Booking Essential 
<b>Wednesday 14th May</b>	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50 
<b>Thursday 15th May</b>	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50 
<b>Thursday 15th May</b>	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50 
<b>Thursday 15th May</b>	Walk and Talk 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	11:00am - 12:30pm  → 	Free. 
<b>Thursday 15th May</b>	Pottery Painting 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	1:00pm - 2:30pm  → 	£10. Booking Essential. 

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<b>Thursday 15th May</b>	Sketchbook Sessions 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm 	£7.50 
<b>Friday 16th May</b>	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am 	£7.50 
<b>Friday 16th May</b>	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm 	£7.50 
<b>Friday 16th May</b>	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm 	£7.50- Bring a blanket 
<b>Friday 16th May</b>	Monthly Disco Pride  Food: Pasta bake & garlic bread 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:30pm - 9:30pm 	£5 admission + £5 food. Please book if you wish to have food. 

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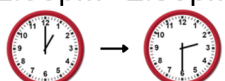


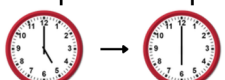








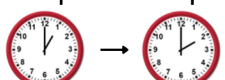


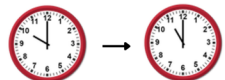


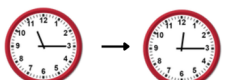


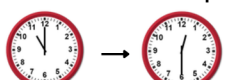




# Birmingham Adults Community Timetable: 5th - 30th May 2025

	Activity	Where	When	Cost
Monday 19th May	Curling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9:30am - 10:30am  → 	£7.50    
Monday 19th May	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50    
Monday 19th May	Community Meet Up Stretch and Flow Mobility YOGA with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11:00am - 12:15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible   
Monday 19th May	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	Free. Booking is Essential. 
Monday 19th May	Dynamo Adults Social Gathering  Pictionary 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:00pm - 8:00pm  → 	£7.50    
Tuesday 20th May	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Tuesday 20th May	Curling 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30am - 11:30am  → 	£7.50    

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


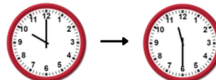




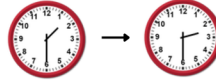

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	Activity	Where	When	Cost
Tuesday 20th May	Gardening and Upcycling World Bee Day 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm 	£7.50 
Tuesday 20th May	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm 	£7.50 
Wednesday 21st May	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30am 	£8 - Booking Essential 
Wednesday 21st May	Bake Off Sausage Rolls 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm 	£10 - Booking Essential 
Wednesday 21st May	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm 	£7.50 
Thursday 22nd May	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am 	£7.50 
Thursday 22nd May	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm 	£7.50 
Thursday 22nd May	Walk and Talk 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	11:00am - 12:30pm 	Free. 
Thursday 22nd May	Arts and Crafts 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	1:00pm - 2:30pm 	£5. 

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<b>Thursday 22nd May</b>	Sketchbook Sessions 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm 	£7.50 
<b>Friday 23rd May</b>	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am 	£7.50 
<b>Friday 23rd May</b>	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm 	£7.50 
<b>Friday 23rd May</b>	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm 	£7.50- Bring a blanket 

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	Activity	Where	When	Cost
Monday 26th May	Weoley Castle Community Centre Closed - Bank Holiday			
Tuesday 27th May	Community Meet Up Train Trip to Sutton Park 	Meet at: Selly Oak Train Station Bristol Road, B29 6DW  (Wear appropriate clothing and footwear)	10:00am - 3:00pm 	Booking Essential £2.50 if you require support.  Bring a packed lunch or money for food & drink
Tuesday 27th May	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm 	£7.50 
Wednesday 28th May	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30am 	£8 - Booking Essential 
Wednesday 28th May	Bake Off Custard Creams 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm 	£10 - Booking Essential 
Wednesday 28th May	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm 	£7.50 
Wednesday 28th May	Community Meet Up Cinema trip to watch Lilo & Stitch 	Odeon Luxe Broadway Plaza 220 Ladywood Middleway Birmingham, B16 8LP	Time To be confirmed  Booking Essential by Friday 23 <sup>rd</sup> May	£2.50 if you require support.  £9.95 for cinema ticket 

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	Activity	Where	When	Cost
<b>Thursday 29th May</b>	Community Meet Up Lapworth Museum of Geology  	Meet at: Lapworth Museum of Geology University of Birmingham Edgbaston, B15 2TT	10:30am - 2:00pm  → 	Booking Essential £2.50 if you require support.    FREE ENTRY Bring a packed lunch
<b>Friday 30th May</b>	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50    
<b>Friday 30th May</b>	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
<b>Friday 30th May</b>	Movement and Relaxation With Jacky 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50- Bring a blanket    

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# ACTIVITY DESCRIPTION:

**Arts and Crafts:**

Join us for group arts and crafts. You can make fun and creative things using materials like paper, paint, and glue, while having a great time with friends.

**Bake Off:**

A baking session is where you learn to make tasty treats like cakes and cookies. You can have fun mixing ingredients and baking with friends.

**Community Meet up:**

Join us out in the community as we visit different community spaces across Birmingham and the West Midlands.

**Creative Dance:**

Join Hayley for a fun, creative dance session! You can move to music, learn new dance steps, and express yourself with friends.

**Creative Minds:**

Join Henry Liggins group creative storywriting session using music as a way to inspire the story.

**Curling:**

Roll ball-bearing curling stones across a smooth floor toward a target. Aim together, score points, and have fun!

**Digital Content Creating:**

Discover your voice, and creative talents and learn how to make amazing online content for the digital world!

**Drama with Rob:**

Join Rob for a fun group drama session. Drama is about acting and telling stories, and you can explore characters, play games, and perform with friends.

**Dynamo Social Club:**

An evening social group for 18-35 year olds. Meet new friends and play table tennis, games, quizzes, baking, art, and more.

**Football:**

Join us for fun football training. Football is a game where you kick a ball to score goals, and you can learn new skills, play with friends, and get active.

**Gardening and Upcycling:**

Grow plants and reuse old items in clever ways. Enjoy watching the WCCC garden flourish while giving new life to everyday objects!

**Journey Through Music:**

Join Henry Liggins for a fun, interactive music session! You can play instruments, make your own music, and enjoy creating sounds with friends.

**Let's Get Fit:**

A gym session is where you can use equipment to exercise and get stronger. You can improve your fitness and have fun working out with others.

## ACTIVITY DESCRIPTION:

**Line Dancing:**

Line dancing is a fun way to dance in a group, where everyone follows the same steps in a line. You can enjoy learning new moves with friends.

**Movement and Relaxation:**

Exercise, calm down, take deep breaths, and relax with Jacky.

**Sing along with Rob:**

Join Rob's group music circle and sing along to his guitar playing. Warm up your voice with singing exercises and join in with our percussion instruments.

**Sketchbook Sessions:**

Develop your art skills and explore a range of techniques.

**Superhero Disco:**

Superhero-themed disco is a fun dance party with colored lights and lively music. People come together to dance and enjoy themselves.

**Swimming:**

Join us for fun swimming sessions. Swimming is moving through water using your arms and legs, and you can learn new skills, get fit, and have fun.

**Walk and talk:**

Join us for a gentle walk to enjoy fresh air, nature, and good company. Walk at your own pace and take breaks when you need to.