



	Activity	Where	When	Cost
Tuesday 1 st July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 2 nd July	Coventry Self-funded Session	Longford Park, Windmill Road , Coventry, CV6 7BB	11.00 AM - 2.00 PM 11.00 AM - 2.00 PM 11.00 AM - 2.00 PM 11.00 AM - 2.00 PM	£7.50
Thursday 3 rd July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 4 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 5 th July	Birmingham Disability Festival	Aston University, Martin Luther King Building, B4 7ET		FREE TO ALL
Sunday 6 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information: Call: 0121 442 2944 or Email: parkride@midlandmencap.org.uk









	Activity	Where	When	Cost
Monday 7 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Tuesday 8 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 9 th July	Coventry Self-funded Session	Longford Park, Windmill Road , Coventry, CV6 7BB	11.00 AM - 2.00 PM	£7.50
Thursday 10 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Friday 11 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Saturday 12 th July	Sutton Coalfied Community Games	Wyndley Leisure Centre, Clifton Road, B73 6EB	to book tickets please use the QR code	£5 until the end of June £6 in July £7 on the day For adults a £2 donation 2 and under free of charge

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Sunday 13 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.		
Monday 14 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.		
Tuesday 15 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.		
Wednesday 16 th July	Coventry Self -funded Session	Longford Park, Windmill Road , Coventry, CV6 7BB	11.00 AM - 2.00 PM	FREE to Coventry postcodes	
Thursday 17 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.		
Friday 18 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.		

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	Activity	Where	When	Cost
Saturday 19 th July	Bromsgrove District Council	Sanders Park, Bromsgrove, B617AN	11.00 AM - 1.00 PM	FREE to Bromsgrove postcodes
Sunday 20 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 21 st July	WMCA Birmingham Pop-up session	Kings Heath Park, B14 7TQ	11.30 AM - 2.30 PM 11.30 AM - 2.30 PM	FREE to Birmingham postcodes
Tuesday 22 nd July	WMCA Birmingham Pop-up session	Cannon Hill Park, B13 8RD	1.00 PM - 4.00 PM	FREE to Birmingham postcodes
Wednesday 23 rd July	Northfield NNS Premier Access day of the beach	Victoria Common, Northfield, B31 2BB	Please email us for more details.	FREE TO ALL
Thursday 24 th July	WMCA Birmingham Pop-up session	Small Heath Park, B10 OPL	11.00 AM - 2.00 PM 11.00 AM - 2.00 PM	FREE to Birmingham postcodes

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	Activity	Where	When	Cost
Friday 25 th July	WMCA Birmingham Pop-up session	Georges Park, Lozells, B19 1PP	11.30 AM - 2.30 PM 11.30 AM - 2.30 PM 11.30 AM - 2.30 PM	FREE to Birmingham postcodes
Saturday 26 th July	Coventry City Council	Nauls Mill Linear Park, Coventry, CV1 4DF	11.00 AM - 2.00 PM 11.00 AM - 2.00 PM 11.00 AM - 2.00 PM	FREE to Coventry postcodes
Sunday 27 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Monday 28 th July	WMCA Sandwell Pop-up session	Tividale Park, Dudley, B69 2HT	3.00PM - 6.00PM $ \begin{array}{ccccccccccccccccccccccccccccccccccc$	FREE to Dudley postcodes
Tuesday 29 th July	Private Session	Why not book us to come to your school /organisation/ group?	Please email us for more details.	
Wednesday 30 th July	Coventry Self-funded Session	Longford Park, Windmill Road , Coventry, CV6 7BB	11.00 AM - 2.00 PM (11.00 AM - 2.00 PM (11.00 AM - 2.00 PM	£7.50

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Booking is essential. To book and for more information:











	Activity	Where	When	Cost
Thursday 31 st July	WMCA Solihull Pop-up session	Hatchford Brook Hub, Solihull, B92 8JE	11.00 AM - 2.00 PM 11.00 AM - 2.00 PM 11.00 AM - 2.00 PM 11.00 AM - 2.00 PM	FREE to Solihull postcodes

Parkride Sessions are 50 minutes long | Parkspin Sessions are 30 minutes

Booking is essential. To book and for more information:



