

Birmingham Adults Community Timetable: 5th January - 30th January

	Activity	Where	When	Cost
Monday 5th January	Tennis 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9.30am-10.30am  → 	£7.50 
Monday 5th January	Tea & Toast Morning Share Your Christmas Stories 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10.45am - 11.45am  → 	£2.50 
Monday 5th January	Strech & Flow Mobility Yoga with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11.00am to 12.15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 5th January	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1.00pm - 2.30pm  → 	£7.50 
Monday 5th January	Dynamo Adults Social Gathering Brewdog Birmingham (Travel by train) 	Meet at: Selly Oak Station Bristol Road B29 6DW	5.30pm - 8.30pm  → 	£2.50 Trip Fee  £3.60 Train Fare  Bring money for food & drinks BOOKING ESSENTIAL
Tuesday 6th January	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 

To book and for more information call: 0121 427 6404

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Birmingham Adults Community Timetable: 5th January - 30th January

	Activity	Where	When	Cost
Tuesday 6th January	Boccia 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30 - 11:30am  → 	£7.50 - Booking essential    
Tuesday 6th January	Gardening & Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50    
Tuesday 6th January	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 - Booking essential    
Wednesday 7th January	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm  → 	£8 - Booking essential    
Wednesday 7th January	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:45am - 12:00pm  → 	£7.50    
Wednesday 7th January	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50    
Wednesday 7th January	Carnival Hour 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	2:00pm - 3:00pm  → 	£7.50    
Thursday 8th January	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50    

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	Activity	Where	When	Cost
Thursday 8th January	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50    
Thursday 8th January	New Years Mood Boards 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 - Booking essential    
Friday 9th January	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50 - Booking essential    
Friday 9th January	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Friday 9th January	Hot Lunch for Citizens and Carers 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	12:00pm - 1:00pm  → 	£6 - Booking essential  
Friday 9th January	Movement and Relaxation with Jacky Bring a Blanket 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50     Everyone Welcome!

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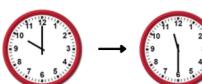
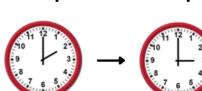
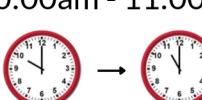
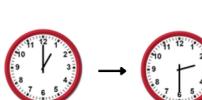
Birmingham Adults Community Timetable: 5th January - 30th January

	Activity	Where	When	Cost
Monday 12th January	Tennis 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9.30am-10.30am  → 	£7.50 
Monday 12th January	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10.45am - 12:00pm  → 	£7.50 
Monday 12th January	Strech & Flow Mobility Yoga with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11.00am to 12.15pm  → 	£12 - BOOKING IS ESSENTIAL. Wheelchair Accessible 
Monday 12th January	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1.00pm - 2.30pm  → 	£7.50 
Monday 12th January	Dynamo - Adult Social Gathering Craft & Chat 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:00pm - 8:00pm  → 	£7.50 
Tuesday 13th January	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50 
Tuesday 13th January	Boccia 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30 - 11:30am  → 	£7.50 BOOKING ESSENTIAL 
Tuesday 13th January	Gardening & Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 

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	Activity	Where	When	Cost	
Tuesday 13th January	Football		Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm 	£7.50 - Booking essential 
Wednesday 14th January	Lets Get FIT Gym Session		Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm 	£8 - Booking essential 
Wednesday 14th January	Bake Off - Apple & Carrot Muffins		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm 	£10 - Booking essential 
Wednesday 14th January	Creative Dance With Hayley		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm 	£7.50 
Wednesday 14th January	Carnival Hour		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	2:00pm - 3:00pm 	£7.50 
Thursday 15th January	Drama Games with Rob		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am 	£7.50 
Thursday 15th January	Musical Singalong with Rob		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm 	£7.50 
Thursday 15th January	Sketchbook Sessions		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm 	£7.50 

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Friday 16th January	Swimming		The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 
Friday 16th January	Creative Minds with Henry Liggins		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 
Friday 16th January	Hot Lunch for Citizens and Carers		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	12:00pm - 1:00pm  → 
Friday 16th January	Movement and Relaxation with Jacky Bring a Blanket		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 
Friday 16th January	Monthly Disco		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:30pm - 9:30pm  → 

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	Activity	Where	When	Cost
Monday 19th January	Tennis 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9.30am-10.30am  → 	£7.50    
Monday 19th January	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10.45am - 12:00pm  → 	£7.50    
Monday 19th January	Strech & Flow Mobility Yoga with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11.00am to 12.15pm  → 	£12 - - Booking essential . Wheelchair Accessible    
Monday 19th January	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1.00pm - 2.30pm  → 	£7.50    
Monday 19th January	Dynamo Adults Social Gathering 	Meet at: Hare & Hounds 106 High Street Kings Heath B14 7JZ	6:00pm - 8:00pm  → 	£2.50 - Booking essential    Bring money for food & drinks
Tuesday 20th January	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Tuesday 20th January	Boccia 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30 - 11:30am  → 	£7.50 - Booking essential    

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	Activity	Where	When	Cost
Tuesday 20th January	Gardening & Upcycling 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50   
Tuesday 20th January	Football 	Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 - Booking essential   
Wednesday 21st January	Lets Get FIT Gym Session 	Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm  → 	£8 - Booking essential   
Wednesday 21st January	Bake Off - Lemon Curd Biscuits 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£10 - Booking essential 
Wednesday 21st January	Creative Dance With Hayley 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50   
Wednesday 21st January	Carnival Hour 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	2:00pm - 3:00pm  → 	£7.50   
Thursday 22nd January	Drama Games with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50   
Thursday 22nd January	Musical Singalong with Rob 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50   

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	Activity	Where	When	Cost
Thursday 22nd January	Candle Making 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£12.50 - Booking essential Limited Spaces Left    
Friday 23rd January	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50 - Booking essential    
Friday 23rd January	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Friday 23rd January	Hot Lunch for Citizens and Carers 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	12:00pm - 1:00pm  → 	£6 - Booking essential  
Friday 23rd January	Movement and Relaxation with Jacky Bring a Blanket 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50 Everyone Welcome!    

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	Activity	Where	When	Cost
Monday 26th January	Tennis 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	9.30am-10.30am  → 	£7.50    
Monday 26th January	Line Dancing with Trevor 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10.45am - 12:00pm  → 	£7.50    
Monday 26th January	Strech & Flow Mobility Yoga with Coffee & Cake 	HL Therapy Studio, 1401 Bristol Road South, B31 2SU	11.00am to 12.15pm  → 	£12 - - Booking essential . Wheelchair Accessible   
Monday 26th January	Digital Content Creating Workshop 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1.00pm - 2.30pm  → 	£7.50    
Monday 26th January	Dynamo - Adult Social Gathering  Movie Night, Hot Chocolate & Popcorn 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	6:00pm - 8:00pm  → 	£7.50    
Tuesday 27th January	Journey Through Music with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Tuesday 27th January	Boccia 	Clifton Road, Outdoor Education Centre Clifton Rd, Sutton Coldfield B73 6EB	10:30 - 11:30am  → 	£7.50 - Booking essential    

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	Activity	Where	When	Cost	
Tuesday 27th January	Quiz		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 
Tuesday 27th January	Football		Moseley School Fitness Centre, Springfield Rd, Birmingham, B13 9NP	5:00pm - 6:00pm  → 	£7.50 - Booking essential 
Wednesday 28th January	Lets Get FIT Gym Session		Northfield Leisure Centre, Bristol Road South, Northfield, Birmingham B31 2PD	10:00am - 11:30pm  → 	£8 - Booking essential 
Wednesday 28th January	Bake Off - Flapjacks		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:30am - 12:00pm  → 	£10 - Booking essential 
Wednesday 28th January	Creative Dance With Hayley		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:00pm  → 	£7.50 
Thursday 29th January	Drama Games with Rob		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 11:00am  → 	£7.50 
Thursday 29th January	Musical Singalong with Rob		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	11:15am - 12:15pm  → 	£7.50 
Thursday 29th January	Art Challenge		Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:00pm - 2:30pm  → 	£7.50 

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	Activity	Where	When	Cost
Friday 30th January	Swimming 	The Sir Doug Ellis Woodcock Sports Centre, Aston University, Woodcock St, Birmingham B4 7ET	10:00am - 11:30am  → 	£7.50 - Booking essential    
Friday 30th January	Creative Minds with Henry Liggins 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	10:00am - 12:00pm  → 	£7.50    
Friday 30th January	Hot Lunch for Citizens and Carers 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	12:00pm - 1:00pm  → 	£6 - Booking essential  
Friday 30th January	Movement and Relaxation with Jacky Bring a Blanket 	Weoley Castle Community Centre, Bottetourt Road, B29 5TE	1:30pm - 2:30pm  → 	£7.50    Everyone Welcome!



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