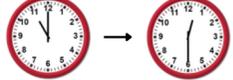


# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
Monday 2nd March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 2nd March	Crafty Creations 	Spring Daffodil Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 3rd March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 3rd March	Men's Chill Out Session 	Tenpin Bowling at Crown Wharf.	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM 	£6 
Tuesday 3rd March	Strictly Social Evening 	The Big Quiz and Nibbles Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Wednesday 4th March	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM 	Call 01922 616 798 for more details to book BOOKING ESSENTIAL
Thursday 5th March	Fun with Friends 	NEW * Henry Liggins Project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£2.50 

To book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
<b>Thursday 5th March</b>	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
<b>Friday 6th March</b>	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
Monday 9th March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 9th March	Crafty Creations 	Clothespin Dragonflies Crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 10th March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 10th March	Men's Chill Out Session 	The Big Hub Pub Session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM 	£5 
Tuesday 10th March	Strictly Social Evening 	Craft Night - Spring Crafts	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Thursday 12th March	Fun with Friends 	NEW * Henry Liggins Project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£2.50 
Thursday 12th March	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM 	£7.50 

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# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
<b>Friday 13th March</b>	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

To book and for more information call: 01922 616 798 - Places are limited

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# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
Monday 16th March	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 16th March	Crafty Creations 	Recycle Craft - Window Stickers	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 17th March	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 17th March	Men's Chill Out Session 	Active Game's Session	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	1:45 PM-3:00 PM 	£5 
Tuesday 17th March	Strictly Social Evening 	Game Show Evening	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Wednesday 18th March	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM 	Call 01922 616 798 for more details to book BOOKING ESSENTIAL
Thursday 19th March	Fun with Friends 	NEW * Henry Liggins Project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£2.50 

To book and for more information call: 01922 616 798 - Places are limited

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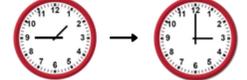
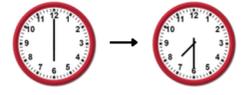
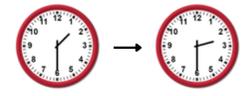
# Walsall Adults Community Timetable: 2nd - 2nd - 27th March 2026

	Activity	What	Where	When	Cost
<b>Thursday 19th March</b>	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
<b>Friday 20th March</b>	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
<b>Monday 23rd March</b>	Pamper Day	Join us for a Cosy Pamper Day.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00AM - 2:00PM 	FREE Call 01922 616 798 for more details to book
<b>Tuesday 24th March</b>	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
<b>Tuesday 24th March</b>	Men's Chill Out Session 	Chair Volleyball Session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM 	£5 
<b>Tuesday 24th March</b>	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
<b>Thursday 26th March</b>	Fun with Friends 	NEW* Henry Liggins Project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£2.50 
<b>Thursday 26th March</b>	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM 	£7.50 

To book and for more information call: 01922 616 798 - Places are limited

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# Walsall Adults Community Timetable: 2nd - 27th March 2026

	Activity	What	Where	When	Cost
<b>Friday 27th March</b>	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

To book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

# Walsall Adults Community Timetable: 2nd - 27th March 2026

## Activity description:

**The Brunch Club:**

A weekly brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.

**Crafty Creations:**

Get crafty and have a go and different things each week using various materials.

**Daffodil Club WOPP:**

Join our active over 50's group for a fun filled day and hot lunch.

**Fun with Friends:**

Join us each week for new creative project with Henry Liggins. Meet and make new friends in a fun daytime club.

**Men's Chill Out:**

Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.

**Music and Drama with Rob:**

Join Rob Lane for an afternoon of music and drama in a social group setting.

**Strictly Social Evening:**

An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.

**Techy Friday:**

A weekly IT session. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, and take part in an occasional fun quiz.

**YOGA (for Women):**

Come along and join Kirsty for a relaxing hour of chair yoga.

To Book and for more information call: 01922 616 798 - Places are limited

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