
































Walsall Adults Community Timetable: 25th May- 19th June 2026

	Activity	What	Where	When	Cost
Monday 25th May	Walsall Disability Hub Closed Bank Holiday - Happy Bank Holiday Monday!				
Tuesday 26th May	Men's Chill Out Session 	Chair Volleyball	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM  → 	£5 
Wednesday 27th May	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	Call 01922 616 798 for more details to book BOOKING ESSENTIAL
Thursday 28th May	Fun with Friends	Half Term Fun	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£7.50    
Thursday 28th May	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50    
Friday 29th May	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 
Friday 29th May	Techy Friday 10th Anniversary Lunch	Join us for a Techy Friday anniversary Lunch	Waterfront North Leisure, 4 Wolverhampton Rd W, Walsall WS2 8DH	12.30AM-2.30 PM  → 	£2.50 + money for lunch Booking essential   

To book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

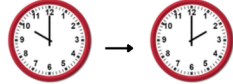


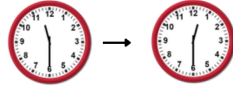


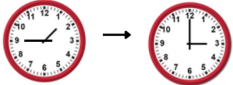




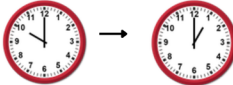



Walsall Adults Community Timetable: 25th May- 19th June 2026

	Activity	What	Where	When	Cost
Friday 29th May	*NEW* The Easy Cook Club	Learn simple, tasty recipes	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:30PM-3:00 PM 	Free - booking essential 

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	Activity	What	Where	When	Cost
Monday 1st June	Volunteers Week Celebration	Celebrate volunteers with fun activities and refreshments	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00 AM - 2:00 PM 	Free 
Tuesday 2nd June	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 2nd June	Men's Chill Out Session 	The Big Hub Pub Session	Meet at: The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM 	£5 
Tuesday 2nd June	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Wednesday 3rd June	Parkride Event	Come along and take part in a parkride session.	Walsall Arboretum, 139 Broadway N, Walsall WS1 2QB	10:00 AM - 1:00 PM 	Free Call 01922 616 798 for more details to book BOOKING ESSENTIAL
Thursday 4th June	Group Narrowboat Trip 1 to Coven 	Enjoy a relaxing group boat trip to Coven and take in the sights on the water.	Meet at 9.30am: The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	9:30AM- 4.30PM 	£17 per person, Booking essential 

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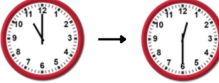


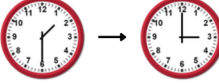











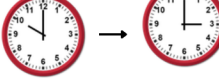

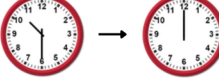

Walsall Adults Community Timetable: 25th May- 19th June 2026

	Activity	What	Where	When	Cost
Friday 5th June	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 
Friday 5th June	*NEW* The Easy Cook Club	Learn simple, tasty recipes	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	3.30PM - 6:00PM  → 	Free - booking essential 

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	Activity	What	Where	When	Cost
Monday 8th June	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 8th June	Crafty Creations 	Summer balloon resilience theme display	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 9th June	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM 	£5 
Tuesday 9th June	Men's Chill Out Session 	Active Game's Session	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	1:45 PM-3:00 PM 	£5 
Tuesday 9th June	Strictly Social Evening 	Quiz Night and Nibbles	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM 	£7.50 
Wednesday 10th June	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM 	Call 01922 616 798 for more details to book BOOKING ESSENTIAL
Thursday 11th June	Fun with Friends 	Costa Coffee Shop with Friends	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£2.50 + Bring money for drink/cake 

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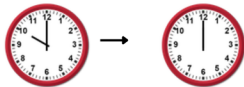







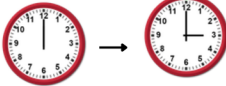

Walsall Adults Community Timetable: 25th May- 19th June 2026

	Activity	What	Where	When	Cost
Thursday 11th June	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 
Friday 12th June	Techy Friday 	Join us for our IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 
Friday 12th June	*NEW* The Easy Cook Club	Learn simple, tasty recipes	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	3.30PM - 6:00PM  → 	Free - booking essential 

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	Activity	What	Where	When	Cost
Monday 15th June	Learning Disability Week Celebration 	Celebrate the community with fun activities and rerefreshments	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00 AM - 12:00 PM 	Free 
Monday 15th June	*NEW* The Easy Cook Club Special Learning Disability Week	Learn simple, tasty recipes	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:00 PM-3:30 PM 	Free - booking essential 
Tuesday 16th June	Group Narrowboat Trip 1 to Coven 	Enjoy a relaxing group boat trip to Coven and take in the sights on the water.	Meet at 9.30am: The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	9:30AM- 4:30M 	£17 per person, Booking essential 
Thursday 18th June	Learning Disability Week Disco 	Join us to celebrate LDW with music, dancing, buffet and refreshments.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:00 PM-3:00 PM 	Free - booking essential as places are limited. 

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	Activity	What	Where	When	Cost
Friday 19th June	Techy Friday 	Join us for our IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 
Friday 19th June	*NEW* The Easy Cook Club	Learn simple, tasty recipes	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	12:30 PM-3:00 PM  → 	Free - booking essential 

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