

Walsall Adults Community Timetable: 17th August - 11th September

	Activity	What	Where	When	Cost
Monday 17th August	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM 	£7.50 
Monday 17th August	Crafty Creations 	Summer crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM 	£7.50 
Tuesday 18th August	Walsall Community Day Trip to Weston Super Mare 	Join the Walsall Community on a fun day trip to Weston Super Mare!	Leave at 9:30am from The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU Return by 8.30pm	9.30AM - 8.30PM 	Fully Booked
Wednesday 19th August	Daffodil Club WOPP 	Join our active over 50's group for a fun filled day & hot lunch	St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM 	Call 01922 616 798 for more details to book BOOKING ESSENTIAL FOR NEW MEMBERS
Friday 21st August	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM 	£5 

To book and for more information call: 01922 616 798 - Places are limited

Please note when booking that some community sessions are weather dependant and must have enough people to go ahead on the day.

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	Activity	What	Where	When	Cost
Monday 24th August	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50    
Monday 24th August	Crafty Creations 	Summer Garden Project	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50    
Tuesday 25th August	Men's Chill Out Session 	The Big Hub Active Games Session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM  → 	£5 
Tuesday 25th August	Strictly Social Evening 	Bingo Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50    
Thursday 27th August	Fun with Friends Drop-In 	Healthy snack making session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50    
Thursday 27th August	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50    
Friday 28th August	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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	Activity	What	Where	When	Cost
Monday 31st August	Walsall Disability Hub Closed - August Bank Holiday				
Tuesday 1st September	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 1st September	Men's Chill Out Session 	Chair Volleyball' session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM  → 	£5 
Tuesday 1st September	Strictly Social Evening 	Games Show night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50    
Wednesday 2nd September	Daffodil Club WOPP Narrowboat Boat trip 	Join our active over 50's group for a fun filled day on a Narrowboat	Meet at: St Martins Church, 1 Sutton Rd, Daffodil Rd, Walsall WS5 3DQ	10:00 AM- 3:00 PM  → 	£17     Booking Essential
Thursday 3rd September	*New* Journey through Music with Henry 	Join us for a creative group music session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00AM - 12:00 PM  → 	£7.50    
Thursday 3rd September	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50    

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	Activity	What	Where	When	Cost
Friday 4th September	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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	Activity	What	Where	When	Cost
Monday 7th September	The Brunch Club 	Join us for a hot toastie and a fun quiz or game!	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:00 AM-12:30 PM  → 	£7.50 
Monday 7th September	Crafty Creations 	September crafts	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-3:00 PM  → 	£7.50 
Tuesday 8th September	Chair Yoga for Women 	Join Kirsty for a gentle yoga session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	11:30 AM-12:30 PM  → 	£5 
Tuesday 8th September	Men's Chill Out Session 	The Big Hub Pub Session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:45 PM-3:00 PM  → 	£5 
Tuesday 8th September	Strictly Social Evening 	Karaoke Night	The Walsall Disability Hub, Lichfield St, Walsall, WS1 1TU	6:00 PM-7:30 PM  → 	£7.50 
Thursday 10th September	*New* Journey through Music with Henry 	Join us for a creative group music session	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:00AM - 12:00 PM  → 	£7.50 
Thursday 10th September	Music and Drama with Rob 	Join Rob for a music and drama session.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	1:30 PM-2:30 PM  → 	£7.50 

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	Activity	What	Where	When	Cost
Friday 11th September	Techy Friday 	Join us for an IT drop in session with a fun interactive quiz.	The Walsall Disability Hub, Lichfield St, Walsall WS1 1TU	10:30 AM-12:00 PM  → 	£5 

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Activity description:

The Brunch Club:

A weekly brunch club to meet new friends and enjoy a toastie and hot drink and fun quiz or activity.

Crafty Creations:

Get crafty and have a go and different things each week using various materials.

Community Day Out

Community Day Out Walsall is a fun trip where you go out together, enjoy activities, and spend time with others.

Daffodil Club WOPP:

Join our active over 50's group for a fun filled day and hot lunch.

Fun with Friends:

Join Fun with Friends to spend time with others, enjoy activities, and make new friends.

Journey through Music with Henry

Join Henry Liggins for a fun, interactive music session! You can play instruments, make your own music, and enjoy creating sounds with friends.

Men's Chill Out:

Meet and make new friends in a fun group activity where you can come along for a natter and a chill out with different activities each week like, Wii games, boccia and archery.

Music and Drama with Rob:

Join Rob Lane for an afternoon of music and drama in a social group setting.

Strictly Social Evening:

An evening social club for adults in Walsall. Join Becky and the volunteers for a fun evening with friends.

Techy Friday:

A weekly IT session. Come along and chill out with people in a relaxed session, try out IT equipment and get support if needed from our volunteers, bring along IT issues, and take part in an occasional fun quiz.

YOGA (for Women):

Come along and join Kirsty for a relaxing hour of chair yoga.

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